Michele Capri underwent classical theatre training at the Birkbeck College, University of London, UK, where she studied various acting methods and movements, exploring Stanislavski, Uta Hagen, Augusto Boal, Michael Chekhov, among others, and special studies in mask work, Commedia dell'arte, the Shakespearean language and characters. In Rio de Janeiro, Brasil, Michele continued to explore other techniques, including Laban-Malmgren, Viola Spolin, Stella Adler, Quantic Acting (Lupa method, physical theatre), physical theatre (with Theatre du Soleil performers Eve Doe-Bruce and Juliana Carneiro da Cunha), Viewpoints (Anne Bogart and Tina Landau), razaboxes, as well as voice-over/dubbing training.